



Dear Valued Patient,

The Tennova Pain Management Center affiliated with Physicians Regional Medical Center and Turkey Creek Medical Center (the "Center") is committed to providing pain management services responsibly and safely. After 30 days of your receipt of this letter, we no longer plan to provide long-term opiate medication to our patients.

While pain medication therapy is widely used, non-opiate alternatives can be equally effective and can be generally safer for the patients who use them. The Center in Knoxville will continue to provide effective and compassionate treatment with non-opiate options including non-opioid pain medications; interventional procedures such as injections and radiofrequency ablations; referral to neurology and spine specialists; physical and aquatic therapy; weight loss strategies; acupuncture; massage therapy; and lifestyle counseling programs.

We hope you will continue as a patient of the Center as we work together to address your healthcare needs. If opiate pain medications are currently being prescribed for you by our practice, we will work with you to develop a clinically-appropriate tapering regimen to transition you to the appropriate alternatives. If, despite our best efforts, you experience withdrawal symptoms, please seek treatment at the nearest emergency department.

Again, we appreciate the opportunity to be involved in your medical care and hope you will allow us to continue in the treatment of your pain. However, we understand you may wish to consult with another provider. If that is the case, a comprehensive list of providers can be found on the TN Department of Health website using the following web address: https://apps.health.tn.gov/Facilities_Listings/facilities.htm. If you do decide to seek care in another setting, in order to aid in the transition of your care, the Center will provide copies of your medical records upon request. Until that time, please know we will continue to be available to provide pain management services in a manner consistent with the clinical approach outlined above.

Thank you for choosing the Tennova Pain Management Center for your care. If you have any questions, please do not hesitate to contact us directly.

Respectfully,

James Wike, Jr., M.D.

A handwritten signature in black ink, appearing to read "James Wike, Jr.", written in a cursive style.

Christopher Vinsant, M.D.

A handwritten signature in black ink, appearing to read "Christopher Vinsant", written in a cursive style.

Mark Nelson, M.D.

A handwritten signature in black ink, appearing to read "Mark Nelson", written in a cursive style.